**Rules and Guidelines for Jr. Coach Advisors**

* Jr. coaches must be 9 years of age and skating at a Basic 6 level.
* 1st year Jr. coaches will work together with older more experienced coaches and work only with Snow Plow Sam, Basic 1 and 2 and Hockey. Observing and learning with a more experience coach will help them develop their own skills.
* To coach Basic 3 and up, the Jr. coach must have been coaching for 1 year, be in the freeskate levels and be 12 years of age.
* Use caution when scheduling siblings at the same class time. It is best if siblings do not coach together for the same level or coach a level that a sibling is currently in.
* There should be a Jr. coach advisor in the box during class times not only to monitor the Jr. coaches but also to intervene in situations with a difficult skater or if parents have questions. Confrontations with parents should always be handled by the Jr. coach advisor. If a serious situation arises, it should be brought to the board.
* As the Jr. coaches are often friends, frequent reminders may be needed regarding socializing during class time. We always need to be aware as advisors that parents are paying for the classes. Even though they are volunteering their time, the primary responsibility needs to be on the skaters in their levels. If it becomes a problem, pull them aside and if it continues try switching coaches around so they are not with the same group.
* Jr. coaches need to be instructed to notify the Jr. coach advisor when they are unable to be there for a class. It is up to the advisor to find a suitable sub for that time slot.
* Jr. coaches are to wear long pants, preferable a dark color. No jackets or sweatshirts with hoods. Gloves or mittens are acceptable.
* Jr. coaching is an honor for our skaters. They are a very important part of our skating program. Please don’t let them forget that. Be generous with compliments and praise, be gentle when having to redirect.
* Jr. coach advisors should be involved in the planning of the Christmas recital and keep Jr. coaches informed of their responsibilities. The older coaches should choreograph for their levels, if they are comfortable doing so, if not, those that are interested may do other levels. 1st year coaches may assist with teaching choreography but will not be assigned to choreograph on their own.
* The Jr. coaches may be asked to help make decorations for the recital. Advisors should set the time and place. They also make the names for all the locker room doors at ice show. These occasions are a good time for a pizza party and movies or music.
* The Christmas recital is a great time to introduce the Jr. coaches to the audience and also give them a token of appreciation. We always want them to know they are valued and we want them to be learning life skills and having fun.